

2026

SEPTEMBER

NEWSLETTER YOUFORWARD

LOCATIONS:

- 369 BROADWAY, SUITE 103
EVERETT, MA, 02149
- 15 UNION ST., ENTRANCE B,
SUITE 80, LAWRENCE, MA 01843

CENTER FEATURES:

- Full Kitchen & Food Pantry
- Peer Mentoring & TIP Services
- Lounge Area w/ TV & Video Games
- Exciting, Fun, & Educational Events
- Washer & Dryer, and Clothing Donations
- Community Resources and Partnerships
- ...and Much More!!!

PROGRAM DIRECTORS

Rachel Cooper
857-523-9307



Cassie Miller
781-241-5088

YOUTH EMPOWERMENT:

- Social Engagement
- Peer Support
- Mentorship
- Opportunities
- Career Exploration
- Personal Development

Support.
Connect.
Inspire.



ANYONE CAN JOIN BETWEEN AGES OF 16-26
YEARS OLD
ALL SERVICES ARE FREE!!

SUCCESS

Marc has started his
cooking program!

Noah started
working
full time!

Jake has been
enjoying
studying music
concentration
in college!

CONGRATS!

Jillian completed
GIFT training!

Dennis got an
A on his paper!



SEPTEMBER *Events*



UPCOMING EVENTS

Everett

Everett

YouForward Presents

Making PICO DE GALLO

Join us as we chop and slice up ingredients to make Pico De Gallo and make some Tortilla chips to go along with it!

OCTOBER 6TH
12:00 PM-2:00PM
RSVP BY: October 2nd, 2026

YouForward Everett
369 Broadway, Suite 103
Everett, MA 02149

QUESTIONS?
Cassie Miller 781-241-5088
Rachel Cooper 857-523-9307

Vinfen
Transforming lives together

YouForward
Support. Connect. Inspire.

YouForward Visits

MYSTIC VALLEY YMCA

Join us as we visit the Mystic Valley YMCA for high-energy exercise! Make connections, build strength, stay motivated!

October 8th, 2026
1:00 PM – 2:30 PM
RSVP BY: OCTOBER 5TH, 2026

99 Dartmouth St, Malden, MA 02148

QUESTIONS?
Rachel Cooper 857-523-9307
Cassie Miller 781-241-5088

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YouForward Presents RSVP BY: OCTOBER 8TH, 2026

13TH OCTOBER Chat N' CHEW

YouForward Everett
369 Broadway, Suite 103
Everett, MA 02149

Come to a supportive group, where you can share your journey, learn coping strategies, and connect with others on a path to recovery.

10:00 AM - 11:00 AM
Food will be provided!

QUESTIONS?
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Rachel Cooper 857-523-9307

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LAWRENCE History Center

OCTOBER 14TH
12:00PM-1:00PM
RSVP BY: 10/9

Lawrence History Museum
6 Essex St, Lawrence, 01840

QUESTIONS?
Cassie Miller 781-241-5088
Rachel Cooper 857-523-9307

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JOIN YOUFORWARD FOR Spooky COOKIE DECORATING

LOCATED AT BOTH AC

15 UNION ST, SUITE 80, ENTRANCE B
LAWRENCE MA, 01841
369 BROADWAY, SUITE 103
EVERETT, MA 02149

20 OCTOBER
12PM-2PM
RSVP BY: 10/15

QUESTIONS?
CASSIE MILLER 781-241-5088
RACHEL COOPER 857-523-9307

YouForward
Support. Connect. Inspire.

YouForward Support. Connect. Inspire.

YOUFORWARD PRESENTS Halloween Movie Day

OCT. 27
RSVP: OCT. 22ND
12:00PM-2:00PM

15 UNION ST, SUITE 80, ENTRANCE B LAWRENCE MA, 01841
369 BROADWAY, SUITE 103
EVERETT, MA 02149

QUESTIONS?
Cassie Miller 781-241-5088
Rachel Cooper 857-523-9307

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YouForward Presents

YOUTH COUNCIL & Pumpkin CARVING

OCTOBER 22ND
1:00PM-3:00PM
RSVP BY: OCTOBER 18TH, 2026

YOUFORWARD EVERETT
369 BROADWAY, SUITE 103
EVERETT, MA 02149

A LOT OF FUN!
A LITTLE MESSY!

QUESTIONS?
Cassie Miller 781-241-5088
Rachel Cooper 857-523-9307

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Lawrence UPCOMING EVENTS

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LAWRENCE History Center

**OCTOBER
14TH**

Lawrence History Center
6 Essex St, Lawrence, 01840

12:00PM-1:00PM
RSVP BY: 10/9

Questions?
Cassie Miller 781-241-5088 Rachel Cooper 857-523-9307

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YOUFORWARD PRESENTS Halloween Movie Day

OCT. 27

RSVP: OCT. 22ND
25 UNION ST. SUITE 80, ENTRANCE B LAWRENCE MA, 01841

NIGHTMARE BEFORE CHRISTMAS

12:00PM-2:00PM

Questions?
Cassie Miller 781-241-5088 Rachel Cooper 857-523-9307

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JOIN YOUFORWARD FOR Spooky COOKIE DECORATING

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LAWRENCE MA, 01841
369 BROADWAY, SUITE 103
EVERETT, MA 02149

**20
OCTOBER**

12PM-2PM
RSVP BY: 10/15

QUESTIONS?
CASSIE MILLER 781-241-5088 RACHEL COOPER 857-523-9307

**OPEN
GYM**

JOIN US IN A FUN OPEN GYM SESSION AT THE LAWRENCE CENTER! LET'S GET TO WORKIN'!

**OCTOBER 8TH
1:00PM-3:00PM**

15 UNION ST. SUITE 80, ENTRANCE B
LAWRENCE MA 01841

RSVP BY: OCTOBER 5TH

QUESTIONS?
RACHEL COOPER 857-523-9307 CASSIE MILLER 781-241-5088

YouForward Presents

YOUTH COUNCIL & Pumpkin CARVING

**OCTOBER
22ND**

1:00PM-3:00PM

RSVP BY: OCTOBER 18TH, 2026

**LITTLE
MESSY!**

**A LOT
OF FUN!**

YOUFORWARD EVERETT
369 BROADWAY, SUITE 103
EVERETT, MA 02149

QUESTIONS?
Cassie Miller 781-241-5088 Rachel Cooper 857-523-9307

YouForward Presents

RSVP BY: OCTOBER 8TH, 2026

**13TH
OCTOBER**

Chat N' CHEW

With Eric Mazzeo

Come to a supportive group, where you can share your journey, learn coping strategies, and connect with others on a path to recovery.

10:00 AM - 11:00 AM

Food will be provided!

QUESTIONS?
Cassie Miller 781-241-5088 Rachel Cooper 857-523-9307