



**Drop-In
Hours**

Mon: 11AM-7PM
Tues: 11AM-5PM
Wed: 12PM-5PM
Thurs: 11AM-5PM
Fri: Closed

August

MON	TUE	WED	THU	FRI
3 GIFT Training @ Lawrence AC 10am-3pm	4 Drop In: 1:00-4:00PM	5 GIFT Training @ Lawrence AC 10am-3pm	6	7 Open Gym @ The Phoenix 1PM-2:30PM Closed for Drop-in
10 Cupcake Baking @ BOTH AC 1PM-3PM GIFT Training @ Lawrence AC 10am-3pm	11	12 GIFT Training @ Lawrence AC 10am-3pm	13 DJ Refresher @ Lawrence AC 12PM-2PM	14 Closed for Drop-in
17 GIFT Training @ Lawrence AC 10am-3pm	18 Mass Appleseed Presents Know Your Rights: Police Interactions with an Immigration Focus 2PM-3PM	19 GIFT Training @ Lawrence AC 10am-3pm	20 Cooking Home-made Chicken Broccoli and Ziti Alfredo with YA Khamarah! 1pm-3pm	21 Volleyball Game / Beach Day 11AM-2PM Closed for Drop-in
24 Youth Council & Journal Decorating 11AM-12:30PM GIFT Training @ Lawrence AC 10am-3pm	25 Chat N' Chew @ Meadows Park 11AM-12PM	26 100th GIFT Graduation @ Lawrence AC 1PM-3PM drop-in closed	27 Dominos Tournament @ Lawrence AC 1PM-3PM	28 Closed for Drop-in
31 Intro to e- Bikes, Scooters and Bicycles with Lucas! 12PM-2PM				



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17 GIFT Training 10am-3pm	18 Mass Appleseed Presents Know Your Rights: Police Interactions with an Immigration Focus 2PM-3PM @ Everett center	19 GIFT Training 10am-3pm	20 Home made Chicken Broccoli and Ziti Alfredo with YA Khamarah! 1pm-3pm @ Everett Center	21 Volleyball Game/Beach day 11AM-2PM Closed for Drop-in
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August Events

The Phoenix

Lets visit the Phoenix gym! join us in having open gym at the phoenix where we will be able to have fun, work out and enjoy a class of jiu jitsu!

CupCake Baking

Join us in making some delicious chocolate cupcakes. we will be learning how to make these delicious cupcakes from scratch..

DJ Refresher

lets Dj together! join us in freshening up our Dj skills with Dj Maverick (The DJ for the Red Socks) and having some fun learning together!

Know Your rights: Police interactions

Join us in learning our rights in police interactions with an immigration focus. This presentation focuses on your constitutional rights, things to know during and after an encounter, ICE & police and useful resources.

Cooking Group with Khamarah

Lets get to cookin! In this cooking group we will be learning how to make yummy chicken broccoli alfredo.d during this we will be learning how to properly cook chicken at its correct temperature.

Volleyball+Beach day

Lets have some fun at the beach! join us in a friendly volleyball game at sailsbury beach while enjoying the weather and the water!

Journal Decorating& Youth Council

Join Youth Council for a celebratory session reviewing achievements and future plans. During this we will be decorating journals!

Chat n Chew

come to a supportive community, where you can share your journey, learn coping strategies, and connect with others on a path to recovery. Our group offers a safe space for self-expression and mutual support, fostering hope and empowerment!

Dominoes tournament

Join us in a fun friendly dominoes tournament! we will be playing in groups of two, the last two to survive will then battle for the win!

Intro to e-Bikes, Scooters and Bicycles with Lucas!

come learn more about E- Bikes, Scooters and bicycles so that we can safely ride on our journeys!

Eventos de Agosto

The Phoenix

¡Visitemos el gimnasio Phoenix! Acompáñanos en la sesión de gimnasio abierto en Phoenix, donde podremos divertirnos, entrenar y disfrutar de una clase de jiu-jitsu.

CupCake Baking

Acompáñanos a preparar unos deliciosos cupcakes de chocolate. Aprenderemos a hacerlos desde cero.

DJ Refresher

¡Hagamos de DJ juntos! Acompáñanos a refrescar nuestras habilidades como DJ con DJ Maverick (el DJ de los Red Sox) y a divertirnos aprendiendo en equipo.

Know Your rights: Police interactions

Acompáñenos a conocer nuestros derechos ante interacciones con la policía, con un enfoque en temas de inmigración. Esta presentación se centra en sus derechos constitucionales, aspectos clave durante y después de un encuentro, información sobre ICE y la policía, y otros recursos útiles.

Cooking Group with Khamarah

¡Manos a la obra! En este grupo de cocina aprenderemos a preparar un delicioso pollo con brócoli y salsa Alfredo; además, aprenderemos a cocinar el pollo correctamente y a alcanzar la temperatura adecuada.

Volleyball+Beach day

¡Vamos a divertirnos en la playa! ¡Únete a nosotros para un partido amistoso de voleibol en Salisbury Beach mientras disfrutamos del buen tiempo y del agua!

Journal Decorating& Youth Council

Únete al Consejo Juvenil para una sesión de celebración en la que repasaremos los logros y los planes futuros.

¡Durante la actividad, decoraremos diarios!

Únete a una comunidad solidaria donde podrás compartir tu experiencia, aprender estrategias de afrontamiento y conectar con otras personas que recorren el camino hacia la recuperación. Nuestro grupo ofrece un espacio seguro para la autoexpresión y el apoyo mutuo, fomentando la esperanza y el empoderamiento.

Chat n Chew

Dominoes tournament

¡Únete a nosotros en un divertido y ameno torneo de dominó!

Jugaremos en parejas; ¡las dos últimas que queden en pie se enfrentarán para decidir al ganador!

Intro to e-Bikes, Scooters and Bicycles with Lucas!

¡Ven a aprender más sobre bicicletas eléctricas, patinetes y bicicletas para que podamos circular con seguridad en nuestros trayectos!